

Board of Directors

Eileen Bartels & Lori Jackson, *Chairpersons*

Rhonda Morley, *Nominating*

Christy Hipp, *Publicity & Resources*

Debra Nelson, *Secretary*

Vivian Chaunu, *Technology*

Kara Donahue, *Treasurer*

Beth Nixon & McKenzie Reed van Meel, *Workshop Coordinators*

Wendy Blumenthal & Jody Breakell, *Newsletter Publishers*

Community Advisory Board

Jenny Byxbee, *Greenwich Youth Services Coordinator,*

Town of Greenwich and United Way of Greenwich

Dr. Sidney Freund, *Superintendent, Greenwich Public Schools*

Sue Rogers, *PTA Council President*

www.parentstogetherct.org

School Delegates

Lindy Camel & Maryellen Feeley, *Brunswick School*

Elisa Metzger, *Central Middle School*

Laura Geffs, *Convent of the Sacred Heart*

Lisa Edmundson, *Cos Cob School*

Cindy Leaman, *Eagle Hill School*

Robin Bartholemew & Kimberly Nail, *Eastern Middle School*

Carol Fox, *Glenville School*

Nicole Heath & Jessie Jamar, *Greenwich Academy*

Sheelah Morrissey Quinn, *Greenwich Catholic School*

Icy Franz & Cary Keigher, *Greenwich Country Day*

Amy Denton, *Greenwich High School*

Patty Reilly, *Hamilton Avenue School*

Amy Badini, *International School at Dundee*

Jeanie Wahl, *Julian Curtiss School*

Susan Goligoski, *King Low Heywood Thomas*

TBA, *Mead School*

Laura Turley, *New Lebanon School*

Siobhan O'Connor, *North Mianus School*

Jane Hentemann, *North Street School*

Sarah Bourgeois & McKenzie Reed van Meel, *Old Greenwich School*

Kelly Schnabel, *Parkway School*

Stephanie Chow & Heather Wise, *Riverside School*

Frances Long, *Stanwich School*

Susan Goligoski, *Villa Maria*

Lisa Greenberg, *Westchester Fairfield Hebrew Academy*

Celia Carlos, Lucy Moore & Kim Sitarz, *Western Middle School*

Rhonda Colker, *Whitby School*

www.parentstogetherct.org

Parents@TOGETHER

A Newsletter for Greenwich Parents

www.parentstogetherct.org

Teaching Compassion – The Right Thing to Do by Stuart Adelberg

How do we teach our children to be compassionate and charitable? Our government provides a tax incentive for philanthropy. Volunteers regularly note that they “get more than they give,” and it is not uncommon for a contributor to speak of the “good feeling they get from helping others.” Medical studies have shown that there are actually physiological benefits to charity and voluntarism. While these are nice incentives to volunteer, I believe that our children can and should be taught that compassion, voluntarism and philanthropy are among the few acts in which we engage, not because they are supported by reason or come with rewards, but simply because they are the right thing to do.

There has never been a better time to talk to our children about the fact that not all people share our blessings. There has never been a better time to teach our children to appreciate and value our comforts and understand that they cannot be taken for granted. More importantly, there has never been a better time to share the experience of reaching out to one of our community’s extraordinary agencies and offering to serve a meal, visit a lonely senior, read to a child, or help provide holiday gifts to a less fortunate family. Finally, for those who are able, this is perhaps the best time to engage in a conversation about charitable giving and suggest that your child consider sharing some of what he or she possesses in order to improve the circumstances challenging someone else.

Stuart D. Adelberg, President and CEO of the Greenwich United Way, resides in Old Greenwich with his wife Marilyn and son Jesse.

INSIDE

- Who We Are, p. 2
- Board of Directors, p. 5
- Family Fun Night, p. 3
- School Delegates, p. 6
- What We Do, p. 4

Who We Are:

- **Parents Together** links parents of public and independent schools to address the issues that affect our children and community. Through its network of school liaisons and delegates, Parents Together has supported Greenwich parents for more than thirty years by providing free lectures, a comprehensive website and newsletters. Parents Together is a nonprofit organization in Greenwich, CT, and works in cooperation with the Parent Teacher Associations throughout town.
- **Parents Together** is an independent nonprofit organization founded in 1979 with guidance from the Greenwich Council on Youth & Drugs, the Junior League of Greenwich, Greenwich Public School administrators and the PTA Council. Parents Together is governed by a Board of Directors and represents families through strong parent delegates from every school.

www.parentstogetherct.org

Be Part of the Tradition!

It has been a 30 year tradition for Parents Together to invite parents to spend time with their children rather than attend a formal fundraising event to benefit our organization. You pick the date for your own **Family Fun Night**. No sitters to hire, gala or raffle tickets to buy or auction items to bid on. No formal attire required! Instead, we ask you to **please make a donation to Parents Together**, and help us support parents throughout Greenwich with our free newsletters, lectures and comprehensive new website. So get your family together for a sit down dinner, switch off the computers, iPods and cell phones and share an evening of board games, movies and simple family fun.

We rely on your generous response to this fundraiser to accomplish our mission and help us support Greenwich parents.

2009-2010 Lecture and Newsletter Parenting Topics

Teaching Compassion	Teaching Effective Eating and Exercise Habits
Accepting Responsibility	Surviving Prom Night
Influenza Guidelines	Teens and Risky Behavior
Environmental Toxins	Bullying, Self-Injury
Play to Improve Academic Performance	Teen Driving
Internet Safety	Daily Reading
Parenting Without Fear	Talking to Kids about Economic Ups and Downs

www.parentstogetherct.org

Parents Together supports Greenwich parents through:

- **Parents Together Newsletter**, for parents of children from birth through high school, is published three times per year. The newsletters features parenting articles written by local professionals. This advertising-free newsletter is distributed electronically through our website and via electronic mail. Printed copies of our newsletter are available at local libraries, school offices and medical offices throughout town.
- **Parents Together Lectures** are offered to all parents free of charge four to six times a year at Town Hall and other area locations. We bring in local and national speakers to discuss key parenting topics.
- **Parents Together Website** www.parentstogetherct.org features an archive of past and present PT Newsletters, PT lecture information and speaker handouts, links to other parenting sites in town, a comprehensive family community calendar and to an easy way to sign up to receive free speaker updates and the PT newsletter delivered via email to subscribers for free.
- **Parents Together Delegates** – Volunteer parent delegates from each Greenwich public and independent school provide important guidance regarding speaker and newsletter article topics. Delegates work within their school parent associations to provide their schools with information regarding upcoming PT events and newsletters.

www.parentstogetherct.org